



A program to help people Understand

Change,

Loss & Grief

and develop strategies
to help others

**Seasons for Growth
is offering
3hr introductory modules...**

The aim of this session is to provide a learning opportunity for adults who wish to increase their understanding of change, loss and grief.

The session introduces information about the nature of loss, possible grief reactions, causes that impact on grief and ways to attend to grief.

Date: 16 February 2010

Time: 9.30 - 12.30

Where: 58 Gipps St, Carrington

Cost: \$55 (includes GST)
\$30 (DOMN employees/members)

Price includes journal, resources & morning tea

Numbers are limited and bookings are essential.

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