

Anawim is situated on Wangi Wangi peninsula on the western shores of Lake Macquarie. The natural beauty and quiet of the surroundings encourage relaxation and reflection, while the lakeshore and the nearby bushland reserve provide opportunities for easy walking. A ten metre swimming pool is available for exercise and relaxation.

SUGGESTED RETREAT FEES

Directed	-	\$70 per day
Private	-	\$65 per day
Hermitage self-catered	-	\$35 per day

**Fees for other uses of Anawim
may be negotiated.**



Anawim is a ministry of the Sisters of St. Joseph,
Lochinvar.

LOCATION

Wangi Wangi is approximately 10 kms south of Toronto and 100 kms north of Wahroonga.

Transport from the railway station at Morisset is available upon request.

BY CAR:

From Newcastle - drive through the traffic lights at Toronto and follow the road for about 10 kms.

Turn left at the Wangi Wangi turn (Donnelly Road). Follow Donnelly Road until it meets the lake. Turn right onto Dobell Drive.

- **Follow Dobell Drive, past Dobell Park.
Turn left onto Wangi Point Road.
Anawim is the sixth house on the right.**

From Sydney - take the F3 Freeway from Sydney, follow the Morisset - Newcastle signs and take the Morisset exit. Follow the Morisset signs. Drive through Morisset and continue for approx 12 kms. Just past Myuna Bay, turn right at the Wangi Point sign (Summerhill Drive). Follow Summerhill Drive until it intersects with Dobell Drive, then turn right.

- Continue as above

FOR FURTHER INFORMATION:

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Anawim
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ANAWIM PRAYER AND RETREAT CENTRE

2009 PROGRAM

Anawim offers:

- hospitality to all God seekers
- an atmosphere of quiet and peace
- a program of retreats & reflection/prayer days

and, by request,

- private and directed retreats throughout the year for individuals/groups
- spiritual direction/companionship
- facilities for groups wishing to organize/conduct their own retreat seminar or program
- a self-contained hermitage within the grounds
- an extensive and up-to-date library
- single accommodation for 6
- shared accommodation for 8
- day facilities for 15.



2009 Program

MARCH 28; MAY 30; OCTOBER 31; DECEMBER 5
EVERYDAY SACRED June Flynn rsj

These are reflective days giving us the opportunity to grow in awareness of God-with-us in our everyday lives. 10.00am - 3.00pm. A light lunch is provided.

MAY 1—3 Margaret Bray rsm
CREATING ART AS A SPIRITUAL PRACTICE

This is an invitation to be gently led to creativity through the practice of Art Journalling.
Margaret is an experienced leader in Art Journalling.

MAY 15—17 (Offered again **NOVEMBER 6—8**)

REIKI WEEKEND Robyn Bremmell
Reiki is a holistic hands-on healing discipline. It accelerates and strengthens any healing process, from bruising to chronic illness to mental/emotional imbalance. Reiki promotes one's uniqueness and creative abilities. The cost of the Reiki training is additional to the 'Anawim' cost.

Robyn's Reiki Master training has occurred over many years in Australia and overseas. She teaches Reiki and is in private practice.

JUNE 5—7 Margaret Bray rsm

Using **MANDALAS**, this is a reflective, creative opportunity to explore our relationship with nature.

AUGUST 1 Dr Megan Brock rsj
Women Ministering the Gospel in the Australian context

10.00am — 3.00pm A light lunch is provided.
Megan is a Sister of St Joseph and a psychologist working in private practice. She has worked extensively with individuals and religious groups.

OCTOBER 17—18 Dr Michele Connolly rsj
The Everyday Sacredness of Women

10.00am — 4.00pm
Over these two days, Scripture reflections will assist us to be present to God-with-us in our everyday loving and living. Residential and non-residential options are offered.
Michele, a Sister of St Joseph, lectures in New Testament at the Catholic Institute of Sydney and is the Deputy President of the Institute.

WOMEN IN LOVE

JULY 19 Mary MacKillop June Flynn rsj

AUGUST 11 Clare of Assisi Cath Hay, Clare Murphy, Pina Cousins (Secular Order of St Francis)

SEPTEMBER 17 Julian of Norwich Rev. Nerida Drake

OCTOBER 15 Teresa of Avila Lynette Pearce rsj

NOVEMBER 10 Edwina Gateley June Flynn rsj
This series invites us to companion a few of the many women of our Christian tradition, hearing their story, reflecting on their lives and a selection of their writings and listening to any resonances with our own lives as disciples and lovers.
Each day commences at 10.00am, includes a light lunch and finishes 2.30/3.00pm.

DIRECTED and/or PRIVATE RETREATS are available at any time, February to December, upon request.

MEETING GOD AT THE MOVIES June Flynn rsj
FEBRUARY 15; MAY 24; SEPTEMBER 27; NOVEMBER 15

These days provide time and space to deepen our awareness of God's presence and love in our lives, through viewing contemporary film, reflection and companionship. Each day commences at 10.00am, includes a light lunch and concludes at 3.30pm.

CINEMA OF THE COMMONPLACE Carol Rose and Janet Grevillea

FEBRUARY 18, 25; MARCH 4, 11, 18
A short season of Italian neo-realist films. Wednesday 7.00pm

DO YOU GLEAN? Carol Rose and Janet Grevillea
AUGUST 9, 16, 23, 30 1.30PM—4.30PM

A short season of films which challenge us to reflect on matters of social justice. Each film is followed by quiet reflection and discussion. Commitment to the entire season is preferred.

FILM DETAILS AVAILABLE ON REQUEST
Phone bookings a few days prior to day programs are appreciated.

